

Repeat with diatonic 7th chords in 2nd inversion as well as 3rd inversion.

Repeat with all 7th chords from the C jazz minor scale.

Repeat with all 7th chords from the C harmonic minor scale.

Repeat with all 7th chords from the C harmonic major scale.

Repeat in all 12 keys.

Try different rhythms than those indicated. Try triplets when 1/8 notes are written and visa versa. Etc.

Try playing 5 over 2 or 5 over 1 instead of the duple and triple rhythms indicated.